



Early Career Forum Programme

Start Friday 6 September 2024 –6.30pm EWC Dinner at the Rydges Airport Hotel Private Room to greet everyone

Saturday 7 September 2024:

8.00am start Morning: Mihi/Karakia

8.15am Applying For, and Obtaining a Consultant Position: Presenter Dr Bevan Jenkins
The early consultant years - navigating highs and lows. Working out the management structure, your role and how to contribute.

- What to look for in contracts etc from hospitals
- How to go about securing a position
- How to negotiate

9.00am HDC – Dr Samantha King – Medial Protection Agency

- HDC process
- How to speak up
- Managing adverse outcomes

10.00am Morning Tea provided

10.30am Focus on your Health and Wellbeing – Presenter Lieutenant Colonel Stephen Kearny, chief Medical Health Officer, NZ Defence Force

- Managing Stressful Situations
- Health and well-being Strategies
- Reservist Surgeons (civilian volunteers)

11.15am Developing Private Practice – Presenter Dr Matthew Clark

- Where to start
- Decisions to make
- Overview of NZ private insurance sector

12.00 Lunch provided

12.45pm NZ Health Environment – Presenter Dr Andrew Connolly

- Workplace Politics – strengthening Situational Awareness
- Overview of current NZ health environment



1.30pm Responsibilities of Becoming a Consultant – Presenter Dr Sarah Rennie

- CME
- Other Things You Don't Know
- Managing Relationships
 - How to lead- working with juniors, inspiring, mentoring, supporting
 - Working with colleagues – dealing disagreements etc
 - Cultural Safety

3.00pm Afternoon Tea provided

3.30pm STRATA Overview – Presenter Dr Christopher Harmston

3.50pm Building a sustainable career – short, medium, and long term goals – Presenter Dr Vanessa Blair

4.30pm Panel – What do you know now that you would have liked to know earlier

5.00pm End of the workshop